

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>6:10-7:00 <u>SPINNING</u> Jan</p> <p>8:10-9:00 <u>STRONG</u> Melissa</p> <p>9:10-10:00 <u>ZUMBA TONE</u> Rhonda</p>	<p>6:10-7:00 <u>X-FIT</u> Jan</p> <p>8:10-9:00 <u>YOGA</u> Susi</p> <p>8:10-9:00 <u>FLEX SPIN</u> Rhonda</p> <p>9:10-10:00 <u>ZUMBA</u> Melissa</p>	<p>8:10-9:00 <u>STRONG</u> Rhonda</p> <p>9:10-10:00 <u>ZUMBA</u> Rhonda</p>	<p>6:10-7:00 <u>X-FIT</u> Jan</p> <p>8:10-9:00 <u>FLEX SPIN</u> Rhonda</p> <p>9:10-10:00 <u>ZUMBA</u> Pam</p>	<p>6:10-7:00 <u>SPINNING</u> Jan</p> <p>8:10-9:00 <u>STRONG</u> Rhonda</p> <p>9:10-10:00 <u>ZUMBA TONE</u> Rhonda</p>	<p>8:20-9:10 <u>ZUMBA</u> Carolyn</p> <p>9:10-10:00 <u>SPINNING</u> Melissa</p>
<p>4:30-5:20 <u>BOOTCAMP</u> Sonia</p> <p>5:20-6:10 <u>CARDIO BOXING</u> Travis</p> <p>5:30-6:20 <u>SPINNING</u> Robyn</p> <p>6:10-7:00 <u>ZUMBA</u> Carolyn</p>	<p>5:10-6:00 <u>ZUMBA</u> Pam</p> <p>5:30-6:20 <u>SPINNING</u> Sonia</p> <p>6:10-7:00 <u>CARDIO BOXING</u> Travis</p>	<p>5:20-6:10 <u>STRONG</u> Jan</p> <p>6:10-7:00 <u>SPINNING</u> Melissa</p> <p>6:10-7:00 <u>ZUMBA</u> Carolyn</p>	<p>5:10-6:00 <u>ZUMBA</u> Melissa</p> <p>5:30-6:20 <u>SPINNING</u> Jan</p> <p>6:10-7:00 <u>CARDIO BOXING</u> Travis</p>		<p>Better Bodies 140 E. Woodlawn Leadington, Mo. 573-518-1348</p>